

Annotations of elective courses for the first (bachelor's) level, specialty 053 "Psychology"

(2nd year)

VISUAL PSYCHODIAGNOSTICS

Course Description: The academic discipline is aimed at studying methods and techniques of visual psychodiagnostics of personality, including analysis of nonverbal behavior, appearance features, facial expressions, gestures, and human pantomime. The course combines theoretical knowledge with practical skills of observation and interpretation of external manifestations of psychological characteristics of personality.

Objective: To develop competencies in higher education students regarding the determination of psychological characteristics of personality based on observation of external behavioral manifestations, development of professional observation skills and interpretation of nonverbal signals.

Program Results:

- PR3. Search for information from various sources, including using information and communication technologies, to solve professional tasks.
- PR7. Reflect on and critically evaluate the reliability of obtained psychological research results, formulate reasoned conclusions.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities, make and argue own decisions regarding their solution.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.

Prerequisites: General Psychology, Developmental Psychology, Fundamentals of Psychodiagnostics.

IMAGEOLOGY

Course Description: The discipline studies theoretical and practical aspects of forming a positive image of individuals and organizations. It examines psychological mechanisms of image formation, technologies of its creation and correction, features of professional, personal, and corporate image.

Objective: To form in students a system of knowledge about the patterns of image creation and functioning, development of practical skills in forming a positive professional and personal image.

Program Results:

- PR8. Present results of own research orally/in writing for specialists and non-specialists.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.

Prerequisites: General Psychology, Social Psychology, Psychology of Communication.

COMPARATIVE PSYCHOLOGY (ZOOPSYCHOLOGY)

Course Description: The course is devoted to studying the origin and development of animal psyche, comparative analysis of human and animal psyche, research of behavioral forms evolution and mental activity in onto- and phylogenesis. Main forms of animal behavior, their adaptive significance, and evolution are considered.

Objective: To form in students a system of knowledge about patterns of psyche development in the evolution process, understanding of commonalities and differences in mental activity of humans and animals.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR4. Justify own position, make independent conclusions based on results of own research and analysis of literary sources.
- PR7. Reflect on and critically evaluate the reliability of obtained psychological research results, formulate reasoned conclusions.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.

Prerequisites: General Psychology, Anatomy and Evolution of the Nervous System, Physiology of Higher Nervous Activity.

PSYCHOLOGICAL FOUNDATIONS OF CAREER GUIDANCE AND PERSONAL SELF-REALIZATION

Course Description: The course is aimed at studying theoretical foundations and practical aspects of career guidance and personal self-realization. Methods of professional diagnostics, counseling, psychological support of professional self-determination and personal development are considered.

Objective: To form in students a system of knowledge about psychological mechanisms of professional self-determination and personal self-realization, development of practical skills in career guidance work.

Program Results:

- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR11. Compose and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR12. Compose and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR18. Take effective measures to preserve health (own and others') and if necessary determine the content of supervision request.

Prerequisites: General Psychology, Psychodiagnostics, Work Psychology.

SELF-MANAGEMENT

Course Description: The discipline is aimed at studying the theory and practice of effective self-management, methods of personal organization, planning and implementation of professional and life goals. Technologies of self-motivation, self-control, time management and personal development are considered.

Objective: To form in students a system of knowledge and practical skills of self-organization, self-management and professional self-development.

Program Results:

- PR4. Justify own position, make independent conclusions based on results of own research and analysis of literary sources.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities.

- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.
- PR18. Take effective measures to preserve health (own and others') and if necessary determine the content of supervision request.

Prerequisites: General Psychology, Psychology of Personality.

HEALTH PSYCHOLOGY

Course Description: The discipline studies psychological aspects of health, mechanisms of health-preserving behavior, risk factors and protective health factors. Issues of psychological well-being, stress resistance, coping strategies and formation of healthy lifestyle are considered.

Objective: To form in students a comprehensive understanding of psychological factors of health and illness, development of skills for maintaining and strengthening psychological health.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR12. Compose and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.
- PR18. Take effective measures to preserve health (own and others') and if necessary determine the content of supervision request.

Prerequisites: General Psychology, Anatomy and Physiology of CNS, Fundamentals of Mental Hygiene.

PSYCHOLOGY OF CONFLICT

Course Description: The course studies the nature of conflicts, their types, functions, structure and dynamics. Strategies of behavior in conflict situations, methods of diagnosis, prevention and resolution of conflicts, features of conflict management in various spheres of life are considered.

Objective: To form in students a system of knowledge about the psychological nature of conflicts and development of practical skills for their constructive resolution.

Program Results:

- PR6. Formulate research purpose and tasks, possess skills of primary material collection, ability to follow research procedure.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.

Prerequisites: General Psychology, Social Psychology, Psychology of Communication.

PSYCHOLOGY OF MANIPULATIVE INFLUENCE

Course Description: The discipline studies psychological mechanisms of manipulative influence, its types and techniques. Ways of detecting manipulation, psychological means of counteracting manipulative influence and ethical aspects of using influence in professional activity of a psychologist are considered.

Objective: To form in students a system of knowledge about the nature of manipulative influence and development of skills for detecting and counteracting manipulation in interpersonal interaction.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR4. Justify own position, make independent conclusions based on results of own research and analysis of literary sources.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.

Prerequisites: General Psychology, Social Psychology, Psychology of Communication.

TIME MANAGEMENT

Course Description: The course studies theoretical foundations and practical methods of time management, principles of planning and organization of activities. Techniques for determining priorities, overcoming procrastination, increasing personal productivity and efficiency are considered.

Objective: To form in students a system of knowledge and practical skills of effective time management in professional activities and personal life.

Program Results:

- PR3. Search for information from various sources, including using information and communication technologies, to solve professional tasks.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.
- PR18. Take effective measures to preserve health (own and others') and if necessary determine the content of supervision request.

Prerequisites: General Psychology, Self-Management.

PSYCHOLOGY OF PERSONALITY

Course Description: The course is devoted to studying theories of personality, its structure, development and formation. Different approaches to understanding personality, methods of its research, factors and mechanisms of personality development, issues of mental health and self-realization are considered.

Objective: To form in students a holistic understanding of the psychological nature of personality, patterns of its formation and development, methods of personality research.

Program Results:

- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR7. Reflect on and critically evaluate the reliability of obtained psychological research results, formulate reasoned conclusions.

- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.

Prerequisites: General Psychology, Age Psychology, Differential Psychology.

PSYCHOLOGY OF COMMUNICATION

Course Description: The discipline studies psychological patterns of communication, its structure, functions, types and forms. Verbal and nonverbal means of communication, communication barriers, technologies of effective communication and development of communicative competence are considered.

Objective: To form in students a system of knowledge about psychological features of communication and development of practical skills of effective communication in professional activities.

Program Results:

- PR8. Present results of own research orally/in writing for specialists and non-specialists.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR14. Effectively perform different roles in a team while solving tasks.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.

Prerequisites: General Psychology, Social Psychology.

COMMUNICATION AND SELF-KNOWLEDGE TRAINING

Course Description: A practice-oriented course aimed at developing communication competencies and self-knowledge skills. Includes practical exercises, group work, role-playing games and psychological techniques for improving interpersonal interaction and self-understanding.

Objective: Development of practical skills of effective communication and deepening self-knowledge through active learning methods.

Program Results:

- PR8. Present results of own research orally/in writing for specialists and non-specialists.

- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR12. Compose and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR13. Interact, enter into communication, be understood, be tolerant towards persons who have other cultural or gender-age differences.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.

Prerequisites: General Psychology, Social Psychology, Psychology of Communication.

(3rd year)

ENGINEERING PSYCHOLOGY

Course Description: The course studies patterns of human interaction with technical systems and the design of these systems considering human psychological characteristics. It covers psychological aspects of operator activities, interface design, work environment, and optimization of "human-machine" systems.

Objective: To develop students' knowledge system about psychological features of human interaction with technical systems and develop skills in psychological support for designing effective human-machine systems.

Program Results:

- PR1. Analyze and explain psychological phenomena, identify psychological problems and propose ways to solve them.
- PR2. Understand patterns and features of development and functioning of psychological phenomena in the context of professional tasks.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR7. Reflect and critically evaluate the reliability of obtained psychological research results, formulate reasoned conclusions.
- PR18. Take effective measures to preserve health (own and others) and determine the content of supervision requests when needed.

Prerequisites: General psychology, psychophysiology, work psychology.

MEDIA PSYCHOLOGY

Course Description: The course studies psychological patterns of personality interaction with media environment, the impact of different types of media on human psyche, features of perception and processing of media information. It covers issues of media security, media education, and psychological aspects of media content creation.

Objective: To develop students' understanding of psychological mechanisms of human interaction with media environment and develop skills in critical analysis of media content.

Program Results:

- PR3. Search for information from various sources, including using information and communication technologies, for solving professional tasks.

- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, communicate, be understandable, be tolerant towards persons with different cultural or gender-age differences.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.

Prerequisites: General psychology, social psychology, mass behavior psychology.

COGNITIVE PSYCHOLOGY

Course Description: The course is devoted to studying cognitive processes: perception, attention, memory, thinking, language, and decision-making. It covers modern theories and methods of researching cognitive processes, their neurophysiological foundations, and practical application of knowledge in various fields.

Objective: To develop students' systematic understanding of human cognitive activity patterns and develop skills in applying this knowledge in professional activities.

Program Results:

- PR2. Understand patterns and features of development and functioning of psychological phenomena in the context of professional tasks.
- PR3. Search for information from various sources, including using information and communication technologies, for solving professional tasks.
- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.
- PR7. Reflect and critically evaluate the reliability of obtained psychological research results, formulate reasoned conclusions.
- PR15. Take responsible attitude towards professional self-improvement, learning, and self-development.

Prerequisites: General psychology, neuropsychology, experimental psychology.

FUNDAMENTALS OF MENTAL HYGIENE

Course Description: The course studies principles and methods of preserving and strengthening human mental health, prevention of mental disorders. It covers risk factors for mental health disorders, methods of psychoprevention, ways of organizing optimal work and rest regimen.

Objective: To develop students' knowledge system about methods of maintaining mental health and develop skills in applying mental hygiene measures in professional activities.

Program Results:

- PR1. Analyze and explain psychological phenomena, identify psychological problems and propose ways to solve them.
- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR15. Take responsible attitude towards professional self-improvement, learning, and self-development.
- PR16. Know, understand, and follow ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others) and determine the content of supervision requests when needed.

Prerequisites: General psychology, anatomy and physiology of CNS, fundamentals of psychosomatics.

FUNDAMENTALS OF PSYCHOSOMATICS

Course Description: The course studies the relationship between psychological factors and somatic diseases, mechanisms of mental influence on bodily functions. Psychosomatic disorders, their diagnosis, prevention, and psychological correction are considered.

Objective: To develop students' understanding of psychosomatic relationships and develop skills in psychological work with psychosomatic disorders.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR11. Develop and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others) and, if necessary, determine the content of the request for supervision.

Prerequisites: General psychology, clinical psychology, pathopsychology.

FUNDAMENTALS OF PSYCHOTHERAPY AND PSYCHOPREVENTION

Course Description: The discipline introduces the main directions, methods, and techniques of psychotherapy, principles of psychopreventive work. Various therapeutic approaches, features of their application, methods of psychological assistance, and prevention of psychological problems are considered.

Objective: To develop students' basic knowledge of psychotherapeutic work methods and develop skills in conducting psychopreventive measures.

Program Results:

- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR11. Develop and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR12. Develop and implement a program of psychopreventive and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, training, etc.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others) and, if necessary, determine the content of the request for supervision.

Prerequisites: General psychology, psychodiagnostics, fundamentals of psychological counseling.

POLITICAL PSYCHOLOGY

Course Description: The course studies psychological aspects of political behavior, consciousness, and activity. The mechanisms of political attitudes formation, psychology of political leadership, mass political behavior, features of political socialization and communication are considered.

Objective: To develop students' systematic understanding of psychological mechanisms of political behavior and develop skills in analyzing political-psychological phenomena.

Program Results:

- PR3. Search for information from various sources, including using information and communication technologies, to solve professional tasks.
- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.

- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.

Prerequisites: General psychology, social psychology, psychology of mass behavior.

PROFESSIONAL RISKS IN PSYCHOLOGY WORK

Course Description: The discipline studies potential risks and hazards of professional activity of a psychologist, methods of their prevention and overcoming. Issues of professional burnout, secondary traumatization, professional deformation, and ways of maintaining professional health are considered.

Objective: To develop students' understanding of professional risks in psychological work and develop skills in their prevention and management.

Program Results:

- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.
- PR18. Take effective measures to preserve health (own and others) and, if necessary, determine the content of the request for supervision.

Prerequisites: General psychology, fundamentals of psychological counseling, work psychology.

PSYCHOLOGY OF VICTIM BEHAVIOR

Course Description: The course is dedicated to studying psychological mechanisms of victim behavior, its forms and manifestations. Factors of victimization, diagnostics of victimhood, methods of prevention and correction of victim behavior, features of psychological assistance to victims of various types of violence are considered.

Objective: To develop students' knowledge system about the nature of victim behavior and develop skills in psychological assistance to persons with victim behavior.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR11. Develop and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others) and, if necessary, determine the content of the request for supervision.

Prerequisites: General psychology, clinical psychology, psychology of deviant behavior.

PSYCHOLOGY OF LEADERSHIP

Course Description: The discipline studies psychological aspects of leadership, theories and models of leadership, personal characteristics of a leader. Mechanisms of leader's influence on a group, leadership styles, methods of developing leadership qualities and forming an effective team are considered.

Objective: To develop students' systematic understanding of psychological mechanisms of leadership and develop leadership competencies.

Program Results:

- PR8. Present results of own research orally/in writing for specialists and non-specialists.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.

Prerequisites: General psychology, social psychology, management psychology.

PSYCHOLOGY OF MEDIATION

Course Description: The course is aimed at studying psychological aspects of mediation as an alternative method of conflict resolution. Principles, methods, and techniques of mediation, features of mediator work, stages of mediation process, and specifics of mediation in various spheres are considered.

Objective: To develop students' knowledge system about psychological foundations of mediation and develop practical skills in conducting mediation procedures.

Program Results:

- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR11. Develop and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and public activities.

Prerequisites: General psychology, conflictology, communication psychology.

SPORTS PSYCHOLOGY

Course Description: The discipline studies psychological patterns of sports activities, mental states of athletes, methods of psychological preparation and support in sports. Issues of motivation, stress resistance, team interaction, and psychoregulation in sports activities are considered.

Objective: To develop students' knowledge system about psychological aspects of sports activities and develop skills in psychological support of athletes.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and propose ways to solve them.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR12. Develop and implement a program of psychopreventive and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, training, etc.

- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR18. Take effective measures to preserve health (own and others) and, if necessary, determine the content of the request for supervision.

Prerequisites: General psychology, activity psychology, psychophysiology.

NEGOTIATION PROCESS TECHNOLOGIES

Course Description: The educational discipline is aimed at developing students' competencies in negotiation, developing effective communication and mediation skills. The course covers theoretical foundations and practical aspects of the negotiation process, strategies and tactics of negotiations, features of cross-cultural negotiations.

Objective: To develop students' knowledge system and practical skills in effective negotiation, develop the ability to constructively resolve conflict situations and achieve mutually beneficial solutions.

Program Results:

- PR3. Search for information from various sources, including using information and communication technologies, to solve professional tasks.
- PR9. Propose own ways of solving psychological tasks and problems in professional activities.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR16. Know, understand and adhere to ethical principles of professional activity of a psychologist.

Prerequisites: Basic knowledge of general psychology, social psychology, conflictology, and communication psychology.

PERSONAL GROWTH TRAINING

Course Description: A practice-oriented course aimed at developing students' personal potential, increasing self-awareness, forming skills of self-knowledge and self-development. Includes practical exercises, group work, and individual tasks for personal growth.

Objective: To promote students' personal growth through the development of self-knowledge, emotional intelligence, communication skills, and formation of positive self-attitude.

Program Results:

- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.
- PR8. Present results of own research to specialists and non-specialists.
- PR11. Develop and implement a counseling process plan taking into account the specifics of the request and individual characteristics of the client.
- PR14. Effectively perform different roles in a team while solving professional tasks.
- PR15. Take a responsible approach to professional self-improvement, learning, and self-development.

Prerequisites: Knowledge of personality psychology, developmental psychology, fundamentals of psychological counseling.

LEGAL PSYCHOLOGY

Course Description: This discipline studies psychological aspects of legal activity, peculiarities of personal behavior in legally significant situations, psychological mechanisms of offenses and ways of their prevention. The course covers issues of forensic psychological examination, criminal psychology, and psychology of testimony.

Goal: To form students' system of knowledge about psychological patterns of law functioning as a regulator of human behavior, develop skills of psychological analysis of legally significant situations.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.
- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR5. Select and apply valid and reliable psychodiagnostic tools.
- PR7. Reflect and critically evaluate the reliability of obtained results of psychological research.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values.

Prerequisites: Knowledge of general psychology, social psychology, personality psychology, and fundamentals of law.

(4th year)

FAMILY PSYCHOLOGICAL COUNSELING

Course Description: The discipline focuses on studying theory and practice of family counseling, diagnostics of family relations, methods of working with family conflicts and crises. Various approaches to family therapy and specifics of working with different types of family problems are considered.

Goal: Formation of students' professional competencies in the field of family psychological counseling, development of skills in diagnostics and correction of family relations.

Program Results:

- PR9. Propose own ways of solving psychological tasks and problems in professional activity.
- PR11. Develop and implement a consultative process plan taking into account the specifics of the request and individual characteristics of the client.
- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.

Prerequisites: Knowledge of developmental psychology, family psychology, basics of psychological counseling.

PSYCHOLOGICAL SUPPORT FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS

Course Description: The course covers theoretical and practical aspects of psychological support for children with special educational needs in inclusive education. Methods of diagnostics, correction, and development of children with various types of disorders are considered.

Goal: Formation of students' competencies in providing psychological support for children with special educational needs, development of skills in working in an inclusive educational environment.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.
- PR5. Select and apply valid and reliable psychodiagnostic tools.

- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values.

Prerequisites: Knowledge of developmental psychology, educational psychology, basics of special psychology.

ART THERAPY

Course Description: The course introduces students to the theory and practice of art therapy as a method of psychological assistance using art and creativity. It covers various areas of art therapy: drawing therapy, music therapy, dance-movement therapy, fairy tale therapy, sand therapy, and other creative methods of psychological work.

Goal: Formation of students' theoretical knowledge and practical skills in applying art therapy methods in professional psychological practice for diagnostics, correction, and personality development.

Program Results:

- PR5. Select and apply valid and reliable psychodiagnostic tools.
- PR11. Develop and implement a consultative process plan taking into account the specifics of the request and individual characteristics of the client.
- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others').

Prerequisites: Knowledge of basics of psychological counseling, psychodiagnosics, developmental psychology.

DEPTH PSYCHOLOGY

Course Description: The discipline studies unconscious mental processes and their influence on human behavior, covers main concepts of depth psychology, including psychoanalysis, analytical psychology, and other areas of depth-oriented therapy.

Goal: Formation of students' systematic understanding of unconscious mental processes, their influence on personality development and human behavior, mastering methods of depth-psychological diagnostics and therapy.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.
- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.
- PR7. Reflect and critically evaluate the reliability of obtained results of psychological research.
- PR9. Propose own ways of solving psychological tasks and problems in professional activity.

Prerequisites: Knowledge of general psychology, personality psychology, psychodiagnostics.

PSYCHOLOGICAL ASSISTANCE IN CRISIS SITUATIONS

Course Description: The course is dedicated to studying psychological aspects of crisis situations, methods of providing emergency psychological assistance and psychological support to individuals in crisis. Various types of crises, their features, and specifics of psychological assistance are considered.

Goal: Formation of students' competencies in providing psychological assistance to persons in crisis, development of crisis counseling and psychological support skills.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.
- PR11. Develop and implement a consultative process plan taking into account the specifics of the request and individual characteristics of the client.
- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others').

Prerequisites: Knowledge of psychological counseling, clinical psychology, psychodiagnostics.

PSYCHOLOGICAL CORRECTION OF POST-STRESS DISORDERS

Course Description: The course is dedicated to studying the nature of post-stress disorders, their diagnostics, and methods of psychological correction. Modern

approaches to working with trauma, techniques of stabilization, and recovery after stressful events are considered.

Goal: Formation of students' system of knowledge and practical skills in diagnostics and psychological correction of post-stress disorders, development of competencies in trauma therapy.

Program Results:

- PR5. Select and apply valid and reliable psychodiagnostic tools.
- PR11. Develop and implement a consultative process plan taking into account the specifics of the request and individual characteristics of the client.
- PR16. Know, understand and follow ethical principles of professional activity of a psychologist.
- PR18. Take effective measures to preserve health (own and others').
- PR19. Demonstrate skills of analyzing own activity and applying methods of cognitive regulation to optimize own mental state.

Prerequisites: Knowledge of clinical psychology, psychodiagnostics, basics of psychotherapy.

PSYCHOLOGY OF INTERCULTURAL COMMUNICATIONS

Course Description: The course studies psychological features of intercultural interaction, communication barriers and ways to overcome them, cultural differences in verbal and non-verbal communication. Issues of forming intercultural competence and adaptation in a foreign cultural environment are considered.

Goal: Formation of students' system of knowledge about psychological patterns of intercultural communication and development of skills for effective interaction with representatives of different cultures.

Program Results:

- PR3. Search for information from various sources to solve professional tasks.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR14. Effectively perform different roles in a team when solving professional tasks.
- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values.

Prerequisites: Knowledge of social psychology, communication psychology, ethnopsychology.

PSYCHOLOGY OF MOTIVATION AND DECISION MAKING

Course Description: The discipline studies psychological mechanisms of motivation, motivation theories, decision-making processes, and factors affecting them. Cognitive processes underlying decision-making and methods of improving the effectiveness of this process are considered.

Goal: Formation of students' understanding of psychological mechanisms of motivation and decision-making, development of skills in motivation and effective decision-making in professional activity.

Program Results:

- PR1. Analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.
- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.
- PR7. Reflect and critically evaluate the reliability of obtained results of psychological research.
- PR19. Demonstrate skills of analyzing own activity and applying methods of cognitive regulation to optimize own mental state.

Prerequisites: Knowledge of general psychology, cognitive psychology, personality psychology.

TOURISM PSYCHOLOGY

Course Description: The course examines psychological aspects of tourism activity, peculiarities of tourist behavior, psychology of service and hospitality. Issues of adaptation in a new environment, cross-cultural communication in tourism, psychological foundations of tourism product formation are studied.

Goal: Formation of students' understanding of psychological aspects of tourism activity and development of skills in psychological support in the field of tourism.

Program Results:

- PR8. Present results of own research orally/in writing for specialists and non-specialists.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age differences.
- PR14. Effectively perform different roles in a team when solving professional tasks.

- PR17. Demonstrate socially responsible and conscious behavior, follow humanistic and democratic values.

Prerequisites: Knowledge of social psychology, communication psychology, basics of marketing.

REHABILITATION PSYCHOLOGY

Course Description: The discipline focuses on studying psychological aspects of rehabilitation for persons with various types of health disorders and functional limitations. The course covers theoretical foundations and practical methods of psychological rehabilitation, peculiarities of working with different categories of clients, techniques of psychological support in the rehabilitation process and evaluation of its effectiveness.

Goal: Formation of students' system of knowledge and practical skills regarding psychological support of the rehabilitation process, understanding peculiarities of psychological rehabilitation for different categories of clients, and ability to apply modern methods of psychological assistance in the rehabilitation process.

Program Results:

- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR7. Reflect and critically evaluate the reliability of obtained results of psychological research, formulate reasoned conclusions.
- PR11. Develop and implement a consultative process plan taking into account the specifics of the request and individual characteristics of the client.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age characteristics.

Prerequisites: For successful mastery of the discipline, students should have basic knowledge of general psychology, anatomy and physiology of the CNS, pathopsychology, basics of psychological counseling and psychocorrection.

SPECIAL PSYCHOLOGY

Course Description: The discipline studies psychological features of development, learning, and social adaptation of persons with various types of psychophysical development disorders. The course covers theoretical foundations of special psychology, methods of diagnosis and correction of developmental disorders, features of psychological support for persons with special educational needs.

-Goal: Formation of students' systemic knowledge about patterns of mental development in persons with various types of disorders, mastering methods of

psychological diagnosis and correction, development of professional competencies in the field of psychological support for persons with special needs.

Program Results:

- PR4. Substantiate own position, make independent conclusions based on own research and analysis of literary sources.
- PR6. Formulate research goals and objectives, possess skills of collecting primary material, follow research procedures.
- PR10. Formulate thoughts logically, accessibly, discuss, defend own position, modify statements according to cultural characteristics of the interlocutor.
- PR12. Develop and implement a program of psychoprophylactic and educational actions, psychological assistance measures in the form of lectures, conversations, round tables, games, trainings, etc.

Prerequisites: Knowledge of general psychology, developmental psychology, psychodiagnostics, differential psychology, and neuropsychology is required for studying the discipline.

PSYCHOLOGY OF GENDER AND SEXUALITY

Course Description The discipline is devoted to studying psychological aspects of human gender and sexuality, including formation of gender identity, sexual orientation, features of intersex relations and sexual behavior. The course examines biological, social, and cultural factors that influence the development of gender self-awareness and sexuality.

Goal: Formation of students' scientific understanding of psychological aspects of gender and sexuality, development of professional competencies in psychological counseling on gender identity and sexuality issues, formation of tolerant attitude towards different manifestations of sexuality and gender identity.

Program Results:

- PR2. Understand patterns and features of development and functioning of mental phenomena in the context of professional tasks.
- PR5. Select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective techniques, etc.) for psychological research and psychological assistance technologies.
- PR9. Propose own ways of solving psychological tasks and problems in professional activity, make and argue own decisions regarding their solution.
- PR13. Interact, communicate, be understood, be tolerant towards persons with other cultural or gender-age characteristics.

Prerequisites: Knowledge of general psychology, personality psychology, social psychology.