

# SYLLABUS

---

INTERNATIONAL EUROPEAN  
UNIVERSITY



EUROPEAN SCHOOL  
OF BUSINESS

**Family Psychology**

**Psychology EP**

**2024**



# SYLLABUS



1	Course title and educational program
	Family Psychology Psychology EP
2	Course description
	The Family Psychology discipline is aimed at providing students with knowledge of psychological and social processes and phenomena occurring within the family as a social institution of society. It examines key concepts, principles, and psychological theories; regularities of emergence and evolution of marital and family relationships in a historical context; specific features of family dynamics. Special attention is given to social and psychological factors affecting the stability of marital and parent-child relationships.
3	Prerequisites for study
	The prerequisites for studying the discipline: acquiring professional competencies developed while learning such disciplines as Sociology, General Psychology, Psychophysiology, Psychodiagnostics, Age and Educational Psychology, Social Psychology, Differential Psychology, Experimental Psychology, History of Psychology, Basics of Psychological Consulting, etc.
4	Number of credits/hours
	4 ECTS credits / 120 academic hours
5	Mode of study
	Blended learning
6	Classroom location
	<a href="https://dist.ieu.edu.ua/course/view.php?id=699">https://dist.ieu.edu.ua/course/view.php?id=699</a>
7	Lecturer's full name
	<b>Liudmyla Aleksieienko-Lemovska</b> , PhD in Pedagogy, Associate Professor, Professor at the Department of Tourism, Social Sciences and Humanities
8	Department
	Department of Tourism, Social Sciences and Humanities:





# SYLLABUS



## 9 Office location

42V Akademika Hlushkova Ave., Kyiv, room 504

## 10 Consulting

Every Tuesday from 3 p.m. to 4:30 p.m. by appointment via corporate e-mail

## 11 Lecturer's e-mail address

[lyudmilalemovska@ieu.edu.ua](mailto:lyudmilalemovska@ieu.edu.ua)

## 12 Course objectives

The main goal of the course is to develop and enhance students' knowledge of the regularities of family development and the role of the family in personality formation. It covers scientific approaches to studying the fundamentals of family psychology, the social and psychological essence of the family and its characteristics, as well as applied areas of psychological support and assistance for families.

## 13 The role of the academic discipline in achieving program learning outcomes

PLO 9. To offer own ways of solving psychological tasks and problems in the process of professional activities, to make and argue own decisions on their solution.

PLO 11. To draw up and implement a plan of the consultative process, taking into account the specifics of the request and individual characteristics of the client, to ensure the efficiency of their own actions.

PLO 12. To compile and implement a program of psychoprophylactic and educational actions, psychological assistance activities in the form of lectures, conversations, round tables, games, trainings, etc., in accordance with the customer's requirements.

PLO 13. To interact, communicate, be understandable, be tolerant of persons with other cultural or gender and age differences.

PLO20. To conduct psychological interventions (training, psychotherapeutic, counseling, psychodiagnostic, etc.) using individual and group methods.

## 14 Learning outcomes

Acquired knowledge will provide students with:

- a system of knowledge about the fundamentals of family psychology: subject, methods, principles, structure, and modern theoretical concepts; the evolution of marital and family relationships; the characteristics of the family life cycle and regularities of its dynamics; factors and concepts of marital and family instability; and the model of a psychologically healthy family.
- the ability to apply fundamental research methods to study social and psychological issues of the modern family; tools, mechanisms, and techniques for efficient family communication; forecast and conduct social and psychological research to examine family relationship structures and family influence phenomena; and key methods and techniques of family counseling.

## 15 Course content

- Topic 1. Family psychology as a scientific area. The concept of family and marriage.  
Topic 2. Historical changes in family and marriage. Origins and trends in the development of the modern family.  
Topic 3. Social and psychological model of family relationships.  
Topic 4. Formation of a marital couple. Psychology of family relationships.  
Topic 5. Common psychological issues in family life.  
Topic 6. Key psychological and educational models of parent-child relationships.  
Topic 7. Crisis periods in marital and family relationships. Family conflicts.  
Topic 8. Specifics of family counseling.

## 16 Books and materials

1. A. Kapska, I. Pesha. Social Support for Different Categories of Families and Children: Study Guide. K.: Center for Educational Literature, 2020. – 232 p.
2. V.M. Polishchuk, N.M. Ilina, S.A. Polishchuk, et al. Family Psychology. Sumy: University Book Publishing House, 2023. – 281 p.
3. Family Psychology: Textbook / Edited by V.M. Polishchuk. Sumy: University Book, 2021. – 248 p.
4. K.V. Sedykh. Family Psychology. Study Guide, 4th edition. Kyiv: Academy Publishing Center, 2023. – 192 p.
5. R.P. Fedorenko. Family Psychology: Study Guide. 2nd edition, revised and supplemented. Lutsk: Vezha-Druk, 2021. – 480 p.
6. Thoburn J. W., Sexton T. L. Family Psychology: Theory, Research, and Practice, 2023. Range: 3–20. URL: <http://doi:10.5040/9798400649899.ch-001>.

## 17 Course technical requirements

To work on the Family Psychology course, you will need regular access to a computer (or phone) and the Internet. To successfully study and pass the course exam, you should initially explore online platforms (Moodle or Classroom) and study all folders that already contain or will contain information or materials for the course. You will also need to create and upload documents, upload the accomplished task, as well as watch or create videos. Online platforms can only be accessed using a corporate email. If you are unable to access the course, you should inform the Dean's Office, your class representative, or the course lecturer directly.

## 18 Learning process

The Family Psychology course consists of lectures and practical classes. Lectures use the following training methods: lecture, conversation lecture, discussion, discussion of problematic issues, demonstration, analysis of various situations according to the lecture topic. Practical classes use the following training methods: questioning, presentations, test assignments, discussions, modeling, analysis of specific situations, case studies, business game, discussion, debates, information and communication technologies, brainstorming, heuristic question method, Socratic method, interviewing, etc.

QR Code:



## 19 Discipline features

Period of teaching	Semester	International disciplinary integration	Year of study	Courses: general training/professional training/elective
1 semester	7 <sup>th</sup> semester	available	4 <sup>th</sup> year	Professional training

As part of discipline teaching, one carries out current and final control of students' knowledge. The final grade is given according to the total rating of students.

<https://ieu.edu.ua/docs/pol-mark-esb.pdf>.

## 20 Assessment policy

According to the results of current control during a semester, students can obtain 100 points maximally, the minimum sum of points allowing students to pass the discipline is 60 points.

Maximum amount of points for the following types of assessment:

- ✓ module 1 = 50 points;
- ✓ module 2 = 50 points;
- ✓ exam = 100 points.

**Correlation between national and ECTS grades and student rating:**

<https://ieu.edu.ua/docs/pol-mark-esb.pdf>

## 21 Grading scale

**National and ECTS grading scale**

Sum of points for all types of educational activities	ECTS grade	Grade according to the national scale	
		for exam, term paper, practical training	for Pass/Fail test
90-100	A	excellent	pass
82-89	B	good	
74-81	C		
66-73	D		
60-65	E	satisfactory	fail with possible repeated pass
30-59	FX	fail with possible repeated pass	
1-29	F	fail with obligatory repeated learning of the discipline	fail with obligatory repeated learning of the discipline

QR Code:





# SYLLABUS



## 22 How to find out your grade

To check your grades for tasks and read your lecturer's comments, you should check appropriate tabs on the Moodle or Classroom distance learning platform.

You can also obtain information about your grades directly from the course lecturer via corporate e-mail or by appointment on consulting days (room 504).

## 23 Course policy

To ensure fruitful learning and cognitive activities of students while studying the discipline, one holds relevant lectures, practical classes, and seminars in the form of presentations, group work, and discussion seminars.

During classes and at the University, students should respect lecturers, staff, and other students, attend classes according to the schedule, come on time, and not leave classes without lecturer's permission. All academic assignments should be performed by the deadlines.

The teaching staff should constantly advance their professional level, teaching skills, general culture, as well as provide students with appropriate conditions for learning educational programs according to the requirements for the content, level and capacity of education, and encourage their comprehensive professional development.

## 24 Grading scale

Lecturers should follow the curriculum, not be late for classes, not allow any manifestations of corruption, discrimination, bullying, harassment and infringement of the students' rights.

Students who miss the current control for *valid reasons* confirmed by documents have the right to take current control **within two weeks** after returning to studying.

Students who have missed classes *without valid reasons*, have not participated in current control activities, have not liquidated academic failure are not admitted to the final semester control of this discipline. In this case, an academic staff member puts a mark 'non-admission' in the exam record.

Repeated taking of the exam in the discipline is appointed in case of accomplishing all types of educational, independent (individual) work stipulated by the working program of the academic discipline and is carried out according to the approved schedule of academic failure liquidation.

QR Code:



All participants in the educational process rely on the academic integrity principles.

QR Code:





# SYLLABUS



25

## Late task performance, correction of grades, making up missed classes

Tasks should be submitted via Classroom or Moodle by the deadlines stipulated in the course schedule on our website. Most tasks should be performed by 9 a.m. on the day of the next class to coordinate them with the course content and group activities. It is best practice to perform tasks as soon as possible after receiving them so that you have enough time to take an active part in the class.

If you need more time to perform the task, flexible deadlines are available. Completed tasks will be accepted until full credit until the last scheduled class in the discipline. Afterwards, the 40% partial credit based on the grade will be awarded within a week after the last day of class. Tasks that are not submitted at all will receive 0. If you are going to miss classes for more than one week due to illness or other reasons, please contact your lecturer to arrange alternative options for performing tasks.

25

## Late task performance, correction of grades, making up missed classes

QR Code:



26

## Lecturer's response time

Via corporate e-mail, within 24 hours.

27

## Efficient communication

Efficient communication is a two-way street!

Therefore, the main recommendations for efficient communication include: corporate e-mail directly to the course lecturer; personal communication with classmates via social media/corporate e-mails/mobile phones; communication directly in the course on Moodle or Classroom distance platforms; and a face-to-face meeting with the lecturer on consulting days.

28

## Policy of publication and distribution of course materials

Students are not allowed to post, publish, sell, or otherwise publicly distribute course materials without the written permission of the lecturer!

Such materials include, but are not limited to: lecture notes, lecture slides, video or audio recordings, tasks, problem sets, exams, other students' work, and answer keys.

Students who sell, post, publish, or distribute course materials without written permission in order to get answers or otherwise can be subject to disciplinary action, up to and including being required to withdraw from the course. Besides, students are not allowed to make video or audio recordings of the class for their own use without the written permission of the lecturer.



# SYLLABUS



29

## Expected student workload and engagement

During this course, you should allocate some hours for independent study of some lecture materials in accordance with the course topics (approximately 5-6 hours per week).

If you face circumstances requiring you to spend more time on any of the tasks, please inform your lecturer by e-mail. The deadline for submission can be extended only if the lecturer is informed in advance that you will not be able to submit the task on time. Students are expected to have a backup plan in case of computer malfunctions or Internet outages.

30

## Support services

E-schedule  
Library  
Supervisor  
Repository  
Dean's Office

31

## Course schedule

<i>Lecture topics</i>	<i>Practical classes</i>
Topic 1. Family psychology as a scientific area. The concept of family and marriage.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Checking questions submitted for independent study</i></li> <li>3. <i>Writing a report</i></li> <li>4. <i>Practical tasks</i></li> <li>5. <i>Testing</i></li> </ol>
Topic 2. Historical changes in family and marriage. Origins and trends in the development of the modern family.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study.</i></li> <li>4. <i>Testing</i></li> </ol>
Topic 3. Social and psychological model of family relationships.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study.</i></li> <li>4. <i>Testing</i></li> </ol>
Topic 4. Formation of a marital couple. Psychology of family relationships.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study.</i></li> <li>4. <i>Testing</i></li> </ol>
Topic 5. Common psychological issues in family life.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study</i></li> <li>4. <i>Test work</i></li> </ol>
Topic 6. Key psychological and educational models of parent-child relationships.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving practical tasks</i></li> <li>3. <i>Checking questions submitted for independent study</i></li> <li>4. <i>Presentation of reports</i></li> </ol>
Topic 7. Crisis periods in marital and family relationships. Family conflicts.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving practical and situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study</i></li> <li>4. <i>Testing</i></li> </ol>
Topic 8. Specifics of family counseling.	<ol style="list-style-type: none"> <li>1. <i>Oral questioning</i></li> <li>2. <i>Solving situational tasks</i></li> <li>3. <i>Checking questions submitted for independent study</i></li> <li>4. <i>Testing</i></li> </ol>



# SYLLABUS



32

## Tips on successful study during the course

If you want to succeed in this discipline, you should:

- ✓ Think about your future career, set your goals and priorities properly.
- ✓ Seek additional information, details and facts. Learn how to use information correctly.
- ✓ Be ambitious and think big: create models, hypotheses, find logical relationships.
- ✓ Expand your horizons, read lecture notes and books, listen to lectures, ask questions and get feedback.
- ✓ Be active in a group, work as part of a team, and develop leadership skills.
- ✓ Take part in conferences, scientific activities, create projects, solve case studies; develop a portfolio.

We wish you interesting studies and professional development. Good luck!